

THE GRAPEVINE



Published by and for Mutual 14 of Leisure World

Issued Monthly – No.285, Feb/Mar, 2010

Mark Your



Calendar

Next Board Of Directors' Meeting Thursday, March 18, 2010



JOIN US!!!

in the Administration Building at 1:30 p.m. All unit owners and residents are encouraged to attend all Board meetings.

- ▶ Property Maintenance Committee, Thursday, March 4, 2010 @ 1:30 P, Administration Building
- ▶ LWCC Executive Committee, Friday, March 19, 2010 @ 9:30A, Administration Building
- ▶ LWCC BOD, Tuesday, March 30, 2010 @ 9:30 A, Montgomery Rm. Clubhouse I
- ▶ Annual Meeting, Thursday, April 22, 2010 (Place & Time to be decided.)

The President's Corner

Well, winter is sure having its way this year. We have all been inconvenienced by the record-breaking snowfall, but I will point out two positive things: (1) despite some errors and oversights the majority of the plowing and shoveling was done well and in good time and (2) the unusually heavy snow and the double punch of two closely spaced blizzards early in February provided LW management a useful "learning experience" that promises to have improved plans in place for the future. For example, the apartment buildings in Mutual 14 benefited from the developments in planning. Between "snowmageddon" and the windy blizzard a couple days later I mentioned to LW management that high "berms" of snow blocked the cars in the carports from easy access to the plowed streets and after the second blizzard the "berms" left after plowing were scraped out from behind the cars in our carports, making "escape" possible without shoveling the left-over snow into the street. We still need further improvements, especially in shoveling through "berms" from plowing to open pedestrian access from walks to the street. We also need to make sure names of authorized snow-shovelers are posted so that residents can hire needed help if they wish for shoveling in places like open (guest) parking, which is not covered in the Leisure World contract for snow clearance.

If you have had snow related damage outside your unit, please let Gloria Robar know. This will be necessary for insurance reimbursement. Photos of the damage can be useful, too.

My last thought for you on snow is that by the time you read this spring will be less than one month away!

We have received the needed votes from unit owners to remove the "Right of First Refusal" from our Bylaws. That is a good thing for the Mutual that can be helpful in future sale of units. Thank you for responding to this vote. Of course, this prompts my usual comment that as a condominium system we do need the participation of owners and residents in governance. Without it we cannot operate.

The Board of Directors has begun discussion of "submetering." As you know, we are one of the Mutuals on the Master Meter. Electricity for over two thousand of the units in Leisure World is metered as a group, and each unit in that group is charged for electricity in its condo fee based on the estimate of the average usage for that type of unit. Submetering would mean each unit would be billed just for the electricity it uses. That would help cut costs for some, but could raise costs for others, depending on a variety of factors (the most important of which is actual consumption of electricity). Installing meters and billing for electricity separately would have costs, some of which might be made up with reduced consumption. If you have interest in this issue, talk to a Board Member about it.

Think Spring!!! – Richard Bambach



ST. PATRICK'S DAY



**Wednesday,
March 17th**



Property Maintenance Committee

The dryer vent cleaning was interrupted by the big snows. New notices will be posted when personnel is available to resume the cleaning.

The major projects scheduled this year are 1) the replacement of the concrete in the carport of one building; 2) the painting of two more buildings; 3) the first floor elevator lobbies and elevator floors are going to have the carpet replaced with non-slip tile.

There will probably be snow damage reported throughout the mutual which will need to be addressed.



Nominating Committee

You've seen the notice in last month's *Grapevine* and you've received our letter about candidates for the Board of Directors. And many of you probably skipped over it or thought, "I'll consider that later." Well, now it's later, but still not too late!

The Annual Meeting is a little over a month away, and with that the opportunity to pick two people for the next Board of Directors. These will be people who can help make your enjoyment of

your home in Leisure World more pleasant...or make you wish you took a more active role in the process. So please take a moment to ask yourself if you could give something back to the community, or if you know someone who would be an asset to the Board. Give a call to any member of the committee: Harold Crisp (240) 393-4800; Janet Englehart (301) 585-8282; or Irving Flyer (301) 438-0083.



Personals...



TO:

- Margaret Meredith – 13-1G on 3/06**
- Frank Lozupone – 17-3A on 3/07**
- Evelyn Perlmutter – 12-2G on 3/11**
- Sue Bailey – 12-3C on 3/21**
- Bette Campbell – 13-1C on 3/23**

**AND a belated Happy Birthday to
Joan Reynolds of 13-2A who celebrated
her day on 2/12**



A Hearty Welcome TO:

- Carolyn Hughes of 11-3E**
- Penny Duff of 15-1B**
- Gerald Unger of 12-2F**

Note:

We have a number of new residents in Mutual 14. Please call Jackie, at 301-598-3672, and give her your birth date (no year, necessary) so we can feature you on your day in our newsletter.



Also, when anything notable occurs to you or your family (births of grand or great grandchildren, graduations, special vacations, etc.), do let your editor know so these landmarks can be published here.

SNOW REMOVAL PLANS

Did you know that the community's plans for Snow Removal are posted on the Leisure World website?

For this information, go to <http://www.lwmc.com>

You will find the link in the left column of the first page.

Wanted!!!

Editorial assistance is sought for publishing *The Grapevine*

Articles are provided by members of the Board, chairpersons of the standing committees and interested residents.

The editor's task is to edit these articles and prepare this material for copying by our Mutual Assistant.

Primary Requirement:
A typewriter or a computer.

Please contact Jackie Rabinow at 301-598-3672 for details.

2010 are mailed to all unit owners by the end of this month. Watch for it! If you know of someone (including yourself) who is willing and able to serve on the Board of Directors and/or on one of the committees, please contact, Harold Crisp, the Nominating Committee chairperson at 240-393-4800.

Also, if you will be unable to attend the Annual Meeting, please execute your Proxy and make sure that it reaches our Mutual Assistant in the Administration Office or is taken by a neighbor to the meeting.

• **Kitchen Drain Test - Check It Out!!!**

All apartment residents should perform the following test of your kitchen drainage **monthly** in order to avert a flood:

- 1) Fill the sink with water up to 1-1/2 "from the top.
- 2) Remove the stopper and let it drain.
- 3) If the water flows out quickly, all is well; your drain has 'passed' the test.
- 4) **BUT**, if the water drains sluggishly, your drain may be clogging up and could cause a flood in your apartment. **REPORT** this at once to our Mutual Assistant so that the drain can be checked and cleaned out by the plumber.

• **Smoke Alarms**

It is important that you **DUST** and **CHECK** your Smoke Alarm periodically. Please consider this as a reminder to take care of one of our most important safety gadgets.

Reminders & Vital Info



• **Annual Meeting**

Notices about the Annual Meeting of Mutual 14 which is scheduled for Thursday, April 22,

March 20th



Daylight Savings Time



IN MEMORIAM

Our sincere condolences to the family of **Lillian Rose of 10-3A** who passed on January 26th at the age of 100.

Also, our sincere condolences to the family of **Donald Rice of 16-2A** who passed away on February 18th.

And **Doris Holt of 16-1G** left us suddenly on February 18th also. We send our heartfelt condolences to her family also.



March 20th Spring will be here

Leisure World Social Services

There is no charge for using the Social Services Department; their services are paid through your condominium fees. The resident is responsible for any costs for services received from service providers referred by the Social Worker. Anyone, a friend, family member, neighbor, Management, Security Department, etc., may contact the Social Worker to request information or request assistance for a resident.

The Leisure World Social Services Department is available to assist residents with a variety of resources: in-home aides, medical equipment, transportation, and community resources.

They can also help with assessments, counseling referrals, finding a physician, advanced directives, Part D insurance, and advice about rehabilitation centers and other facilities.

The Lifeline System, is a button worn by the resident which can be pushed to get help in a medical emergency. The system is tied to phone line in the apartment, so it is not effective outside of the apartment. The Lifeline system is monitored 24 hours a day by the Leisure World Security Department. If the button is pushed, the Security Department will attempt to contact the resident by phone. If there is no answer, or if the resident responds they are in trouble, the Security Department will access the apartment to check on the resident. It is recommended that Lifeline subscribers wear their button at all times, even when sleeping. Residents interested in signing up for the Lifeline program should contact the Lifeline Coordinator, Phyllis Palmer at 301-598-1329. The cost for the system is approximately \$200 per year.

Advance Directives documents - Health Care Power of Attorney and Health Care Instructions - are available upon request at the Medical Center. The Health Care Power of Attorney- designates the person chosen by the resident to make medical decisions if the resident is unable to do so. The document should be kept with important papers, in the apartment, with copies given to the physician, children, and the designated Power of Attorney.

The Health Care Instructions (similar to a Living Will) is a document whereby the resident provides instruction on medical treatment under three scenarios: (1) if the resident is deemed terminally ill; (2) if the resident is in a persistent vegetative state; or (3) has an end stage condition. A lawyer is not required to complete the form. The forms need to be witnessed by 2 witnesses who are unrelated to the resident.

File of Life - All residents are encouraged to keep their File of Life updated. The File of Life is a magnetized folder that is kept on the refrigerator. The folder contains a form for the resident to complete, citing their medical history, physical concerns and prescription information. Montgomery County emergency response personnel know to



look on the refrigerator for a File of Life packet. File of Life packets can be obtained in the Medical Center, Pharmacy or the Management Office.

Community Resources - The Social Services Department can also assist with finding appropriate community resources. The Social Services Department can refer you, or a family member, to agencies that provide in-home services such as companions or home health aides; they do not maintain a list of independent companions, aides, etc. The agencies are responsible to check the background, references and documents of their employees. The Social Services Department will interface between the resident and an agency, upon request.

Home Health Aides assist with everyday chores such as shopping, laundry, and accompany the person to events and appointments. Home health aides are trained to provide personal care such as bathing, dressing and transferring, and will do heavy housekeeping. They cannot dispense medications unless the prescriptions are already prepared in a pill box.

Agencies schedule aides for a minimum of 4 hours once a week or a maximum of 24 hours a day 7 days a week, depending on the needs of the client.

Currently (2007), the average fee for an aide through an agency is \$17 per hour. Some agencies increase the hourly rate for night time, and they may charge a higher hourly rate for shorter time periods. If you are looking for an aide, be very specific about your needs: personality of aide, smoking, food restrictions, driving (your car or theirs?), etc. If you are not happy with a specific Aide, or just don't get along with them, request that the agency provide a replacement.

Live-in aides average \$185 a day. The client must provide a place for them to sleep and provide meals. A live-in aide is expected to work 10-12 hours per day.

Assisted living, nursing home, and other live-in facilities. The main reasons to consider assisted living are the ease of socialization and the fact that the services are in the building and always available. There are ranges of assisted living facilities: light care, heavy care, Alzheimer's care, physical limitations, mental limitations. Some offer multi-levels of service, where the client graduates as their needs increase. Such facilities can cost \$3,000-\$6,000 per month.

Group homes, with a live-in caretaker, cost approximately \$2,500 per month. Montgomery County has a group home subsidy program if the

individual has no financial resources. Long term insurance coverage will also help. Nursing homes cost approximately \$7,000-\$9,000 per month. The government has a program to help pay for nursing home care once a person's resources are depleted.

BOARD OF DIRECTORS

President:	Richard Bambach
Vice President:	Frank Lozupone
Secretary:	Agnes Glass
Treasurer:	Paulina Garner
Director:	James Moores
Director:	Jackie Rabinow
Director:	Ralph Romano

COMMITTEE CHAIRS

Advisory:	Agnes Glass & Aleen Phillips
Budget & Finance:	Paulina Garner
Landscape:	Sharon Moores
Property Maintenance:	Frank Lozupone & Bill Buck
Social:	Sharon Moores & Mary West

Web Site: <http://www.professionalusa.net/m14/>

Mutual Assistant: Gloria Robar - 301-598-1338

- Building Problems? - **Call** Gloria at 301-598-1338
- Emergencies, when Gloria is not available - **Call** Physical Properties -301-598-1500
- After hours & weekends - **Call** Main Gate - 301-598-1044

Comcast Issues - contact 301-920-9951