
THE GRAPEVINE



Published by and for Mutual 14 of Leisure World

Issued Monthly – No. 377 , June/July, 2009

Mark Your



Calendar

Next Board Of Directors' Meeting Thursday, July 16, 2009



JOIN US!!!

in the Administration Building at 1:30 p.m. All unit owners and residents are encouraged to attend all Board meetings.

- **Property Maint. Com.**
Administration Bldg. @ 1:30 P
Thursday, July 2, 2009
- **LWCC Exec. Com.**
Administration Bldg. @ 9: 30 A
Friday, July 17, 2009
- **LWCC BOD**
Clubhouse I @ 9:30A
Tuesday, July 28, 2009

- **Leisure World will have its Independence Day Parade on Friday, July 3rd.**

The President's Corner

I had the pleasure of attending the Mutual 14 Advisory Committee meeting this month. Agnes Glass and the Building Representatives really are the backbone of our Mutual. They keep track of us all. They are the first line of help when most of us have questions. I want to thank them for their service to our community. I will also note that we need to respect their time, too. Yes, call if you need. But your Building Representative is a resident, like you, not an employee of the Mutual. They have useful information, but for action on getting things fixed, you should call our Mutual Assistant, Gloria Robar, (301-598-1338) during work hours Monday-Friday or the Main Gate (301-598-1044) if you have a problem needing immediate attention on week-ends and after hours on weekdays.

The Social Committee outdid themselves with the “Spring Fling” – good food, good company. It was good to see people mix a bit from different buildings, too. Sharon Moores and her committee can be proud of this event, another in a series of successes. If you missed it, make sure you get to the next event. You won't be disappointed.

We are pleased that Joan Reynolds has stepped up and taken on getting us ready for the Fourth of July parade (which, because the day itself is on the weekend, will be on Friday, July 3, not the 4th). We will have several decorated golf carts as an entry this year. It is great to have folks volunteer – we missed out last year. Let's turn out for the show.

I want to thank the Landscape Committee for their dedication and good work, too. As I walk around the Mutual I am impressed with the beautiful look of the place. Each apartment atrium area has very attractive and different decorative plants. Spring is a lovely time in the Washington area and the well-designed plantings in Mutual 14 take good advantage of a nice time of year. And for those who may not have noticed, Sharon Moores is chair of the Landscape Committee as well as the Social Committee. Hats off to another good job.

This is a good time to remind you all that we are still looking for good folks to serve as representatives on a number of Leisure World Advisory Committees. Our Mutual has 193 units, and is about the average size of a Mutual in Leisure World. While the high-rise apartments are grouped into larger mutuals than ours, we are one of the larger mutuals among the garden apartments and plaza homes. Yet we are missing representation on almost half the advisory committees that set policy for the Leisure World community at large. We have vacancies on the Budget and Finance, Emergency Preparedness, Golf and Greens, Health, Landscape, and Strategic Planning Advisory Committees. Surely some of us are interested in the work of these important committees. If you have an interest, let your Building Representative know (or call me). You do not need to have any special background to serve



on these committees, just an interest and a willingness to participate. I will be contacting Building Representatives in the next two months for suggestions. We need to suggest names by the end of August to insure we have people in place for September and the upcoming program year. Also, two other advisory committees ask for representatives with some background in the subject areas involved. These are the Audit and Energy Committees. If you have audit experience or experience with some aspect of the energy industry you could be useful to our community. Again, let me know if you are interested.

I mentioned last month that the Board of Directors of the Mutual has decided that **we need to amend our Bylaws to remove the Right of First Refusal provision.** The Right of First Refusal permits the purchase of a unit by the condominium association if the owner of the unit receives an offer from a potential buyer rather than letting the sale go to the potential buyer. We must waive the right of first refusal whenever any offer is made to purchase one of our units. One might wonder why this option is in our bylaws at all since Mutual 14 has never used the right of first refusal. In fact, we do not have the money available to purchase a unit even if we wanted to (our cash reserve is devoted to use for repairs and capital replacement costs) so we have no reason to maintain the option. Although right of first refusal provisions were once standard in condominiums established before the 1980s, as is the case for us, the government has acted to encourage their removal because they can be used in a discriminatory fashion (something we have no interest in doing). As one example, the FHA will not approve a loan for purchase of a condominium unit if the condominium association has a right of first refusal clause in its bylaws. This is a serious handicap for any of us who may wish to sell our unit now or in the future because FHA financing is a major source of mortgage money for potential buyers and our right of first refusal option closes off that source of money for any of our potential purchasers. **Action to remove the clause from our bylaws will require at least a two-thirds majority vote, so it is important that you understand that it will be in your best interest to approve the request when we mail the ballots and information about the decision this summer.**

Richard Bambach – 3510 Forest Edge Drive, Apartment 1-C - 301-598-5322 - richard.bambach@verizon.net

Free Medical ID Alert Wallet Cards

<http://medids.com>



In an emergency situation, you may not be able to speak and give vital information concerning your health. Medical providers must sometimes treat accident victims without having any basic medical information about the individual or any way to contact someone who could provide crucial information. A medical information card would prove to be invaluable in providing treatment by attending medics or other medical personnel.

Generate your FREE, instant emergency medical id wallet card on your computer with your printer. Or you may go to the Computer Center in Clubhouse II and ask one of the Directors who are available during an Open Lab day to help you. (Be sure to bring your medical information with you.)

This site, <http://medids.com>, has a personalized **Medical ID Wallet Card** that you can generate and update by **TYPING IN** your medical information from your computer keyboard. There is nothing to download or install. Just fill in the form and print out the wallet size card.



Personals...



TO:

7/10 - Maizie Smith	16-3G
7/19 - Rae Romano	13-1A
7/21 - Annette Conison	13-3E
7/27 - Barbara Bowers	12-3E
7/29 - Stephanie Sidella	12-1C
7/31 - Vivian Layman	16-2C

WELCOME NEWCOMERS:



Shelly Sims – 15135 Vantage Hill Rd.
Roger & Trish Dintman, 3501 Forest Edge Dr., 14-1C
Anthony Morcos & Yvette Morcos, 3501 Forest Edge Dr., 14-2B

(Apologies for neglecting to welcome the above new residents to our community in last month's issue.)

ALSO WELCOME:

Frances Rhone – 15101 Glade Dr. – B10-1C
Tom Ball – 15121 Glade Dr. – 13-1F
Anne & Curtis Harris – 3501 Forest Edge Dr. -14-3B

Be sure to introduce yourselves to our new Mutual 14 residents.

Our best wishes for a fast recovery go to **Doris Holt**, 16-1G, who is recuperating in Bedford Court from hip surgery.

Safety in the Home – Part 3- Preventing Fires in the Kitchen

By Roma Enid Sohn – Emergency Preparedness Committee

Although you may think you are doing all the right things to avoid a fire in your home, think again. Let's begin in the kitchen, where most fires start. An electrical coil on the stove reaches 800 degrees, a gas flame goes over 1,000 degrees. Remember that on electrical stoves the cooking surface remains hot, even after you have turned it off.

There are lots of fire hazards in the kitchen, many that you already know and some that you may not be aware of. Adhering to the following rules can help prevent a fire in your kitchen.

- Never wear loose fitting garments when cooking. They can easily catch fire.
- Turn the pot handles away from the edge of the stove, preferably toward the back of the range.
- If you have a window near your stove, make certain the curtains are fireproof
- Don't hang towels, napkins or potholders near the stove top
- Clean your exhaust hood and duct regularly to avoid grease build up
- Keep small appliance cords from dangling over the countertop
- Don't store items on the stovetop.
- Don't overload kitchen electrical outlets
- Don't use appliances with frayed or cracked wires
- Operate your microwave only when there is food in it and use only containers or dishes approved for microwave use.
- Never put aluminum foil or metal objects in a microwave.
- Plug microwave ovens and other cooking appliances directly into an outlet, never use an extension cord.
- Follow manufacturer's instructions and code requirements when installing and using cooking equipment
- Clean up spilled grease as soon as the surface of the stovetop is cool
- Never use a gas range or oven as a substitute for a furnace or space heater
- Appliances that have been exposed to water can short and become a fire hazard. Unplug and do



not use them

- If you see a spark when you attempt to plug in an appliance, remove the plug and call an electrician ASAP If you cannot get a prompt reply from and electrician call 911
- Never leave cooking unattended
- Unplug small appliances when not in use
- Always keep an oven mitt and a lid nearby when you are cooking. If a small fire starts in a pan, smother the flame by carefully sliding the lid on the pan until the pan is completely cool.
- In case of an oven fire, turn off the heat and keep the oven door closed until the fire is completely out
- In case of a fire in the microwave, turn it off and keep the door closed. If possible unplug the appliance
- After an oven or microwave fire, they should be checked and/or serviced before using again

EVEN IF A SMALL FIRE STARTS - CALL 911 FIRST and ALWAYS HAVE AN ESCAPE PLAN


Please Don't Shoot the Seating Committee
(Author unknown)

Committee work becomes less sweet
When someone squawks about her seat
We'd like to mention it's a task
To please you all just as you ask.

We pray for the day when some inventor
Will plan a ballroom – ALL DEAD CENTER
In short, a room so well designed
All seat IN FRONT and NONE BEHIND.

Please believe we really tried
To keep you well satisfied
We tried to do our very best
To please **You** – our **HONORED GUEST**.

(submitted by Helen Bass)

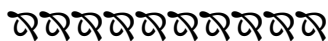


Social Committee



Reminders & Vital Info

In the near future, be sure to look for the notice about the Ice Cream Social to be held at 7 PM on Wednesday July 22nd. Be sure to sign up.



SHUFFLE BOARD OR BOCCE ANYONE???

How about joining one clubs mentioned of the above? If you are interested, please let the E & R Office know.

• **File of Life**

Do you have the "File of Life" information in a red vinyl case magnetically attached to the outside of your refrigerator? If your answer is "YES", this is reminder to update the information on it.

What is the File of Life? This is an information sheet which contains your known medical problems, the current medications you are taking, your primary doctors, and family members or others to be notified in case of serious illness. This information is exceedingly important to an emergency crew or to a nurse when they are called in case of sudden illness. In times of confusion, your spouse or housemate might have difficulty supplying this information and you may be unresponsive. The rescue crew can then check your refrigerator door for your File of Life.

In the event you do not have the File of Life, check with the L. W. Medical Center for a packet. In order to easily, periodically update the informa-

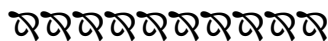


tion on this sheet, it is advised that you fill it in, in pencil.

• **Lifeline**

Do you live alone? If ‘yes’, and you don’t have “LIFELINE”, it is strongly recommended that you seriously consider getting it. The Lifeline Response System links you to 24-hour assistance, should you have an accident or suffer a sudden illness. At the push of a button, help will be on the way immediately.

Call the Administration Office receptionist who will put you in contact with the Lifeline Coordinator so that you can find out more about this Emergency Response System that is offered to Leisure World residents.



DANGER: AREA CODE 809

(This is an old scam but worth reading again.)

This is a example of an actual call received from **area code 809**.

The woman said, ‘Hey, this is Karen. Sorry I missed you.. Get back to us quickly. I have something important to tell you.’ Then she repeated a phone number beginning with **809**.

Don’t Respond! Do Not DIAL AREA CODE **809, 284 or 876**

This information is provided by AT&T: The scam is being distributed all over the U.S. This is pretty scary, especially given the way they try to get you to call.

You’re told that it is information about a family member who has been ill or that someone has been arrested, died, or that you have won a wonderful prize, etc. In each case, you are told to call the **809** number right away. Since there are so many new area codes these days, people unknowingly return these calls.

If you call from the U.S., you will apparently be charged **\$2,425 PER MINUTE**. Or, you’ll get a long recorded message. The point is,

you will be kept on the phone as long as possible to increase the charges.

WHY IT WORKS:

The 809 area code is located in the Dominican Republic. The charges afterward can become a real nightmare. That’s because you did actually make the call. If you complain, your phone will not want to get involved and will most likely tell you that they are simply providing the billing for the foreign company. You will end up dealing with a foreign company that argues they have done nothing wrong.

AT&T verifies it is TRUE :

<http://www.att.com/gen/press-room?pid=6045>

SNOPEs verifies it is TRUE:

<http://www.snopes.com/fraud/telephone/809.asp>.

Are you Prepared for an Emergency?

In addition to the above reminders, how about pairing up with a neighbor as a “buddy”. You can keep each other informed about when you go out of town and watch to make sure newspapers don’t pile up outside the door. You and your buddy can decide whether to exchange keys, or have daily contact.

It is important for someone close by to notice that there may be a problem and to call for help.

M14 ONLINE:



www.professionalusa.net/m14/

Our website continues to be updated monthly. Be sure to check out our Board of Directors page. Our new director of the board, Jim Moores, appears there and, of course, our new president, Richard Bambach, has been moved into his proper place in the listing.



A few days, after our monthly meetings, this newsletter is posted on the website. You can probably read it online before it appears at your door.

And, you can always read the Minutes of the Meeting of the Board of Directors online. The minutes of the last meeting appears on the website at least two weeks after this meeting and before the next meeting.

Remember this website is intended to communicate to you important and timely information about our community. Use it to research useful information, for example “Who Pays”, By Laws, Vacation Information, Medical Center Resources, etc. In Addition it would be a good idea for you to review our Fire Safety information while you have the website visible on your computer.

Our website can also be accessed through the Leisure World website at www.lwmc.com . Go to LW Residents, then to Mutual Websites and click on Mutual 14 to display our site from that location.

Note: Please correct your BOD Roster that appeared as an attachment in last month’s Grapevine

Under Property Maintenance Committee, Robert Leon is listed as representing B15. Although Bob lives in Building 15, he has agreed to be the Property Maintenance Representative for Building 14.

A is for...

(With thanks to Helen Bass – 11-3G)

- A for arthritis,
- B for bad back,
- D is for dental decay and dec
- C is for chest pains. Perhaps cardiac?line,
- E is for eyesight--can't read that top line.
- F is for fissures and fluid retention
- G is for gas (which I'd rather not mention)
- H high blood pressure [I'd rather have low)
- I for incisions with scars you can show.
- J is for joints that now fail to flex
- L for libido--what happened to sex?

Wait! I forgot about K!

K is for my knees that crack when they're bent

(Please forgive me, my Memory ain't worth a cent)

N for neurosis, pinched nerves and stiff neck
 O is for osteo-and all bones that crack
 P for prescriptions, I have quite a few
 Give me another pill; I'll be good as new!

Q is for queasiness. Fatal or flu?
 R is for reflux--one meal turns into two
 S is for sleepless nights, counting my fears
 T for tinnitus--I hear bells in my ears
 U is for urinary: difficulties with flow
 V is for vertigo, that's "dizzy", you know.
 W is worry, now what's going 'round?
 X is for X ray--and what might be found.
 Y for another year I've left behind
 Z is for zest that I still have my mind,

Have survived all the symptoms my body's deployed,
 And kept twenty-six doctors gainfully employed!!!

I wish you a day of Peace, Happiness and Joy!

BOARD OF DIRECTORS

- President:** Richard Bambach
- Vice President:** Frank Lozupone
- Secretary:** Agnes Glass
- Treasurer:** Paulina Garner
- Director:** James Moores
- Director:** Jackie Rabinow
- Director:** Ralph Romano

COMMITTEE CHAIRS

- Advisory:** Agnes Glass & Aleen Phillips
- Budget & Finance:** Paulina Garner
- Landscape:** Sharon Moores
- Property Maintenance:** Frank Lozupone & Bill Buck
- Social:** Sharon Moores & Mary West

Web Site: <http://www.professionalusa.net/m14/>

Mutual Assistant: Gloria Robar - 301-598-1338

- Building Problems? - **Call** Gloria at 301-598-1338
- Emergencies, when Gloria is not available - **Call** Physical Properties –301-598-1500
- After hours & weekends – **Call** Main Gate – 301-598-1044

Comcast Issues - contact 301-920-9941



M14-July, 2009

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1	2 PMC – 1:30 PM 	3 4 th of July Parade	4  HAPPY 4TH OF JULY
5	6	7	8	9	10	11
12	13	14	15	16 M14 BOD – 1:30 PM 	17  9:30 AM – LWCC Exec. Com.	18
19	20	21	22  Ice Cream Social 7:00 PM	23	24	25
26	27	28  9:30 AM– LWCC BOD	29	30	31	